



## Practices

- Players must arrive at the field ten minutes prior to practice time.
- Players must practice in the Nike Texans practice uniform (white shirt, black shorts, white socks, cold weather Texans warm-up).
- Players must come with a properly inflated soccer ball.
- Players must wear shin-guards.
- Players must bring plenty of water.
- If a player must arrive late or leave a practice early, the coach must be notified in advance.
- If player needs to miss a practice, notification must be made to the COACH. That practice must be made up with another team as directed by the coach.
- Players are allowed to practice with other teams in the club (check with both coaches first).
- Parents are not allowed to step on the field to talk to the coach or the players. In case of emergency, parent must talk to the manager to summon the coach to the sideline.
- If you would like a conference with the coach, an appointment must be made either before or after the practice or at some point during the coach's free time.